

HEALTH OFFICE GUIDELINES/ REMINDERS

- If your child is experiencing gastrointestinal symptoms such as vomiting or diarrhea, he or she should not return to schools for a minimum of 48 hours after symptoms have **subsided**. A rule of thumb is to make sure your child is eating and drinking normally.
- If a strep/flu culture is obtained, please keep your child home until results are reported by your doctor.
- If strep culture is positive, your child must be treated with an antibiotic for 24 hours before returning to school.
- Students with fever should stay home for a minimum of 24 hours after they no longer have fever **without the use of fever reducing drugs** such as Tylenol and Motrin and Advil.
- Encourage your child to wash hands, cover coughs and sneezes.

Please keep these guidelines in mind when sending your child to school, remember we are trying to keep our whole community healthy during the cold and flu season. Thank you!

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