

Hardyston Township Special Education Parent Advisory Group
SEPAG



Bringing the school and the community together

Join us for our open forum featuring keynote presentation by Kristy Lavin, LCSW.

Coping and Managing Strong Emotions: For Children and Adolescents

Tuesday November 15th at 7pm at the Hardyston Middle School

Presentation is specially designed for parents, families, and professionals, including educators.

- There will be practical applications, examples, and resources to be used:
 - in home, school, and community settings.
 - covering all age groups from preschool through young adulthood.
- Topics include childhood anxiety, behavioral challenges and many more.
- Presentation will also address how to utilize technology to help children self-regulate.

About Kristy Lavin, LCSW - Child and Family Psychotherapist.

Kristy Lavin is a Licensed Clinical Social Worker in private practice in Hamburg, NJ. She has 14 years experience working with children and families in a prevention and treatment setting. Additionally she has been providing therapy as a licensed clinician for nine years. Ms. Lavin specializes in play therapy, mental health counseling, family therapy and trauma focused treatments.

Countywide resources will also be available.

You don't have to be a parent or staff member in the Hardyston School District to attend - EVERYONE IS WELCOME.

with additional updates from the SEPAG & discussion of current topics of interest

Light refreshments and snacks will be served. We look forward to seeing everyone.
Any questions please contact Ria Smith - hardyston.sepag@gmail.com

Please RSVP online at www.hardystonsepag.org